| F3A F-19 |  |  |  |
| :---: | :---: | :---: | :---: |
| 1 | Square Loop with $1 / 2$ roll integrated, $1 / 2$ roll integrated, $1 / 2$ roll integrated, $1 / 2$ roll integrated |  | $\mathrm{K}=4$ |
| 2 | Figure 9 with two rolls | $\square$ | K=3 |
| 3 | Vertical 8 with roll integrated | $\square$ | K=5 |
| 4 | Stall Turn with consecutive $1 / 2$ rolls in opposite directions | $\square=$ | K=3 |
| 5 | Push-Knife-Edge-Push Humpty-Bump with 1 $1 / 4$ snap-roll, $1 \frac{1}{4}$ snap-roll | $\square$ | K=6 |
| 6 | Shark Fin with four consecutive $1 / 4$ rolls, $1 / 2$ roll | $\therefore$ | $\mathrm{K}=3$ |
| 7 | Roll Combination with four 1/8 rolls, four 1/8 rolls in opposite direction | $\square$ | $\mathrm{K}=4$ |
| 8 | Top Hat with two consecutive $1 / 4$ rolls, roll | $\cdots$ | $\mathrm{K}=3$ |
| 9 | Two Horizontal Circles with $1 / 2$ roll to the inside integrated, roll integrated in opposite | $\square$ | K=6 |
| 10 | Trombone with roll |  | K=2 |
| 11 | Double Fighter Turn with $3 / 4 \mathrm{roll}, 3 / 4 \mathrm{roll}$ | - | $\mathrm{K}=6$ |
| 12 | Inverted Figure Et with $1 / 2$ roll, roll | $=$ | $\mathrm{K}=4$ |
| 13 | Inverted Spin with two turns, two consecutive 114 rolls |  | $\mathrm{K}=4$ |
| 14 | Pull-Push-Pull Humpty-Bump with snap-roll, $1 / 2$ roll (Option: with $11 / 4$ snap-roll, $3 / 4$ roll) |  | $\mathrm{K}=4$ |
| 15 | Roll Combination with consecutive two 1/8 rolls, roll in opposite direction, consecutive two | $\square$ | K=4 |
| 16 | Half Loop with two $1 / 2$ rolls in opposite directions integrated |  | $\mathrm{K}=4$ |
| 17 | $45^{\circ}$ Downline with consecutive $1 / 2$ roll, two snap-rolls in opposite directions, $1 / 2$ roll |  | K=5 |
|  |  |  | $\mathrm{K}=70$ |

FINAL SCHEDULE F-19 (2018-2019)


